



# Lily of the Valley Cowl

04-10-2024

— Pattern by: Moonlit Yarns

## Materials

- 1 skein of Lily of the Valley - Squishy DK - 100g/246yds (or another DK weight yarn with small color changes), cowl uses approximately 70g of yarn or 173 yds
- US Size 6 & 8 needles - 24" cord
  - US Size 6 for the ribbing
  - US Size 8 for the main section
- 1 stitch marker
- Darning Needle, and tape measure

## Overview

The Lily of the Valley Cowl utilizes the small color resists in the Lily of the Valley colorway by Moonlit Yarns to create a 'field of flowers' effect throughout the cowl. The white stitches are purled (see short stitch tutorial video on @moonlityarns instagram page) in the main body of the cowl to achieve this effect. Some slight stitch manipulation is needed to achieve prominent white purl bumps. Remember, if you don't like the way the purl bump is laying, tink back a stitch and rework the purl stitch until the purl bump is laying the way you like them to. It is not an exact science, and not every stitch will be perfect, but there is something beautiful about that.

## Abbreviations

- CO - Cast On
- Sts - Stitches
- K - Knit
- P - Purl
- MC - Main Color (in this case the MC is the green in Lily of the Valley)
- CC - Contrast Color (in this case the CC is the white resists in Lily of the Valley)
- BOR - Beginning of Round
- BO - Bind Off

## Gauge

After blocking: 4"x4" 22 sts by 24 rows

Finished measurements after blocking laid flat - 12.75" wide, 9.75" long

## Pattern

### I. Bottom Ribbing

Using a US Size 6 needle, CO 130 sts using preferred CO method (sample used long tail CO).

*NOTE: If you want a snugger or looser cowl, add or subtract stitches in multiples of 2 to keep the stitch count for the ribbing. The main stitch pattern will still work as it is not dependent on a specific number of stitches.*

Join to work in the round, place marker for BOR

Rounds 1 - 8: \*K1, P1\* repeat for all sts

(You should have 8 rows of K1, P1 ribbing before switching to the main body, you can do more ribbing if you would like to, just make sure to make a note of how many rows you do so the top ribbing matches)

### II. Main Body

*\*\*\*NOTE: This is not an exact stitch pattern, you will need to pay attention to the color changes happening in the yarn to know which stitches to purl to achieve the 'field of flowers' effect, see stitch tutorial video on @moonlityarns instagram\*\*\**

Round 9: Switch to US Size 8 needles, Knit all MC sts, and Purl all CC sts

\*Repeat Round 9 until the cowl measures 8 inches from the CO edge, or as long as you would like, just make sure you have enough yarn for the top ribbing\*

### III. Top Ribbing

Switch back to US Size 6 needles

Round 1-7: \*K1, P1\* repeat for all sts

Round 8: BO in pattern

### IV. Finishing

Weave in all ends, and block the cowl. Enjoy your new Lily of the Valley Cowl! :)