



# YARN TWISTERS

## Swirl Cowl

created by Lisa Overby



March comes in like a lion and out like a lamb, and brings with it windy days! This cowl was created for the Yarn Twisters March Subscription. Yarn is hand dyed by Calgary's own Lily and Pine Fibre Arts.



## MATERIALS & INFO

Yarn: 1 skein Day Lily Sock by Lily and Pine Fibre Arts, 115gr (420 yards), sample knit in colourway Sunset on the Bay

Gauge: 30sts x 44 rows in stockinette

Needles: 3.25mm (US 3) 16" circular needle

Notions: stitch marker, darning needle

Finished size: 22" (56 cm) around by 16" (41cm) tall

## ABBREVIATIONS

**BO** – Bind off

**CO** – Cast on

**K** – Knit

**k2tog** - knit the 2 sts together as one. (1 st decreased)

**LT2** - (left twist 2): Skip next st, K following st through the back loop leaving st on the LH needle, then K the skipped st through the front loop, slipping sts off needle

**yo** - yarnover (1 st increased)

## PATTERN INSTRUCTIONS

Cast on 150 sts using German Twisted Cast on. Link below to video tutorial:

<https://www.youtube.com/watch?v=oWHRfvU5imo&t=121s>

Join to knit in the round, place marker to denote the beginning of the round

Knit 2 rnds

Begin pattern:

Rnd 1: L2T, k1, \*yo, k2tog \*, repeat \* to \* 35 more times, L2T, k to end of rnd

Rnd 2: k1, L2T, k73, L2T, k to end of rnd

Rnd 3: k2, L2T, k73, L2T, k to end of rnd

Continue knitting the 3 round repeat, ensuring the placing of the L2T is shifted by 1 stitch to the left every round to create a swirl of the 2 stitch patterns

ex. Rnd 4: k3 (1 more than in previous row), L2T, k1, \*yo, k2tog\*, repeat \* to \* 35 more times, L2T, k to end of rnd

Knit approx. 172 rnds (count the L2T)

Knit 2 rnds

Bind off all sts loosely. Weave in ends, block.

